

Patient Care Services Education
SITTER COMPETENCY QUIZ

NAME _____ HOSPITAL _____ DATE _____

True or False (Indicate "T" or "F" in the blank provided)

- T F 1. Although the duty to protect the patient's or others' lives overrides the patient's right to privacy, every attempt is made to maintain the patient's dignity and privacy.
- T F 2. Sitters are permitted to eat/drink in the patient's room while on duty.
- T F 3. A sitter may be assigned to monitor two patients in the same room as long as an unobstructed view of both patients is possible and maintained.
- T F 4. A sitter may remove and adjust any patient restraint device.
- T F 5. Non-licensed nursing staff (PCA/PSA) assigned as sitters may provide care within their scope of practice as delegated by an RN.
- T F 6. The sitter should refer the patient to the nurse or physician to answer any questions regarding care.

Multiple Choice (Circle the best/correct answer)

Case Scenario:

You are sitter for a 26-year-old female admitted with a diagnosis of a drug overdose. The patient is awake, alert, and very talkative. The following questions (7 & 8) refer to this case.

7. Your responsibility as a sitter for this patient would include:
- To provide continuous visual contact and proximal contact at all times.
 - To accompany and remain with the patient during transport, tests and procedures, unless relieved by an RN or designee.
 - Notify the RN if the patient shows changes in his/her behavior.
 - All of the above.
8. The RN requests that you leave the patient's room while she examines/assesses the patient. You should:
- Take your break and return to the unit in 15 minutes.
 - Do not leave the room. You must provide continuous visual contact the patient.
 - Wait outside the door so you can resume duty without delay when the RN has completed her examination of the patient.
 - Notify the charge nurse via the call light/intercom system and request appropriate relief.
9. You are sitting for two patients in the same room. One of your patients, Mr. X, needs to use the restroom. You would:
- Accompany the patient, Mr. X, to the restroom and ask the other patient, Mr. A, to remain in bed.
 - Notify the RN so appropriate staff can be assigned to monitor the other patient, Mr. A, while you accompany Mr. X to the bathroom.
 - Ask the patient, Mr. X, to hurry and go to the bathroom while you continue to monitor Mr. A.
 - Request that the other patient, Mr. A, wait immediately outside the restroom while you accompany Mr. X.
10. You are the sitter for Mr. X. He tells you that he plans to leave as soon as his family brings his clothes. You should:
- Explain to the patient that this is not permitted.
 - Keep this information confidential and not repeat or share it with anyone.
 - Inform the RN of the patient's intention.
 - Request that the nurse apply leather restraints to prevent the patient from leaving the hospital.